

Support Expanding Farm to School in Vermont

Please support a base appropriation of \$500,000 for Vermont Farm to School through the Vermont Agency of Agriculture, Food and Markets.

Expanding Farm to School in Vermont will allow more schools to participate in the program, increase participation in and sustainability of child nutrition programs in schools, and include childcare programs in Vermont Farm to School.

- Every \$1 spent on local food in Vermont schools contributes 60¢ to the local economy.
- Establishing healthy eating habits early in a child's life is critical for preventing diet related diseases later in life. Currently, 26% of VT teens are overweight or obese, and Farm to School can help to reverse that trend.
- Farm to School programs help schools serve healthier, local food, which has been proven to increase participation in school nutrition programs. That means more kids, especially those coming from homes that are struggling to put food on their own tables, are eating nutritious meals which help them grow and thrive at school.

Vermont Farm to School Network



<http://vermontfarmtoschool.org>

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