



VERMONT
FARM TO SCHOOL
NETWORK

VERMONT FARM TO SCHOOL CASE STUDIES

What is happening with the Farm to School movement in Vermont? A recent survey indicated that more than half of the state's K-12 schools are integrating Farm to School programming into their cafeterias, classrooms, and communities! Especially in Vermont, schools are part of an interconnected system involving children, families, businesses, farms, distributors, and the broader community. Farm to School is not an add-on, but a mechanism for achieving school goals while improving the health and wellness of students, schools, and communities.

The Vermont Farm to School Network recognizes that schools are embracing a wide range of Farm to School experiences. In order to illustrate how Farm to School programming could work in early care and K-12 schools, we chose five examples from across Vermont. They are diverse not only in experiences but also in terms of the size of the student population, grade level, socioeconomic representation, and approaches to Farm to School. The team collected information on how the schools started a Farm to School program, overcame challenges, and built on opportunities. The interviewers spoke with teachers, parents, community members, administrators, food service directors, and kitchen managers, and found many paths to success.

These evolved into case studies, which serve as tangible inspiration in recognizing there is not only one path to integrating a Farm to School program at a school or early care site. Each case study represents a unique journey, aligned with its own school's priorities.

We invite you to select the study that best resonates with your program. Please share it with administrators, school nutrition staff and directors, and teachers who are interested in learning more about how to start or strengthen their program.

Join the Vermont Farm to School movement!
To learn more, visit vermontfarmtoschool.org.

Sincerely,

**Vermont FEED,
University of Vermont Extension &
Vermont Farm to School Network**